



# केन्द्रीय माध्यमिक शिक्षा बोर्ड

(शिक्षा मंत्रालय, भारत सरकार के अधीन एक स्वायत्त संगठन)

## CENTRAL BOARD OF SECONDARY EDUCATION

(An Autonomous Organisation Under the Ministry of Education, Govt. of India)



CBSE/ACAD/DS(MS)/2024

Date: 12.01.2024

Circular No: Acad-06/2024

All the Heads of Schools Affiliated to CBSE

Subject: **Nasha Mukht Bharat Abhiyan – reg.**

Reference: Ministry of Education, Govt. of India Letter No.6-36/2023/SS dated 21.12.2023

Dear Principal

Ministry of Social Justice, Govt. of India in collaboration with The Art of Living Trust (AoL), has started Nasha Mukht Bharat Abhiyan (NMBA) for accomplishing the objective of creating awareness regarding drug de-addiction among school students. The Art of Living Trust is carrying out awareness generation and other activities in schools.

The schools are requested to extend all possible cooperation to the efforts of Ministry of Social Justice, Govt. of India and The Art of Living Trust (AoL) to organize following activities in schools:

1. Programs on healthy life-style practice including Yoga, meditation etc.
2. Programs to spread the message of SAY NO TO DRUGS to every nook and corner of the country.
3. Seminars, rallies, workshops and other events to create drug de-addiction awareness among school children.

You are requested to disseminate the above information among students and teachers of your school and encourage them to participate in the above events so as to make Nasha Mukht Bharat Abhiyan (NMBA) a great success. For more details, the schools may write to The Art of Living Trust at [taol.nmba@in.artofliving.org](mailto:taol.nmba@in.artofliving.org)

With Best Wishes,

Dr. Joseph Emmanuel  
Director (Academics)

**Copy to the respective Heads of Directorates, Organizations and Institutions as indicated below with a request to disseminate the information to all the schools under their jurisdiction:**

1. The Commissioner, Kendriya Vidyalaya Sangathan, 18 Institutional Area, Shaheed Jeet Singh Marg, New Delhi-16
2. The Commissioner, Navodaya Vidyalaya Samiti, B-15, Sector-62, Institutional Area, Noida-201309
3. The Secretary, Eklavya Model Residential Schools (EMRS), Ministry of Tribal Affairs, Government of India.
4. The Secretary, Sainik Schools Society, Room No. 101, D-1 Wing, Sena Bhawan, New Delhi-110001



‘शिक्षा सदन’ ,17 राऊज़ एवेन्यू ,इंस्टीटूशनल एरिया, नई दिल्ली –110002

‘Shiksha Sadan’, 17, Rouse Avenue, Institutional Area, New Delhi – 110002





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5. The Chairman, Odisha Adarsha Vidyalaya Sangathan, N-1/9, Near Doordarshan Kendra, PO Sainik School Nayapalli, Bhubaneswar, Odhisha-751005
6. The Director of Education, Directorate of Education, Govt. of NCT of Delhi, Old Secretariat, Delhi-110 054
7. The Director of Public Instructions (Schools), Union Territory Secretariat, Sector 9, Chandigarh-160017
8. The Director of Education, Govt. of Sikkim, Gangtok, Sikkim –737101
9. The Director of School Education, Govt. of Arunachal Pradesh, Itanagar –791 111
10. The Director of Education, Govt. of A&N Islands, Port Blair – 744101
11. The Director of School Education, Ladakh, Room No.101-102, Ground Floor, Council Secretariat, Kurbathang, Kargil - Ladakh
12. The Director of School Education, Andhra Pradesh, 3<sup>rd</sup> Floor, B block, Anjaneya Towers, VTPS Rd, Bhimaraju Gutta, Ibrahimpatnam, Andhra Pradesh – 521 456
13. The Director, Central Tibetan School Administration, ESSESS Plaza, Community Centre, Sector -3, Rohini, Delhi
14. The Additional Director General of Army Education, A –Wing, Sena Bhawan, DHQ, PO, New Delhi-110001
15. The Secretary AWES, Integrated Headquarters of MoD (Army), FDRC Building No. 202, Shankar Vihar (Near APS), Delhi Cantt-110010
16. DS to Chairperson, CBSE
17. Secretary/ Controller of Examinations/ All Directors, CBSE
18. All Regional Directors/ Regional Officers of CBSE with the request to send this circular to all the Heads of the affiliated schools of the Board in their respective regions
19. All Joint Secretary/ Deputy Secretary/ Under Secretary/ Assistant Secretary, CBSE
20. All Head(s)/ In-Charge(s), Centre of Excellence, CBSE
21. In charge IT Unit with the request to put this Circular on the CBSE Academic Website
22. In-Charge, Library
23. The Director (Social Projects), The Art of Living Trust, Bangaluru
24. Record File

**Director (Academics)**



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